





# Why should we care about the environment?

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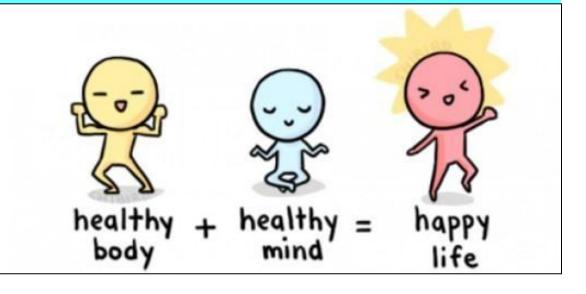






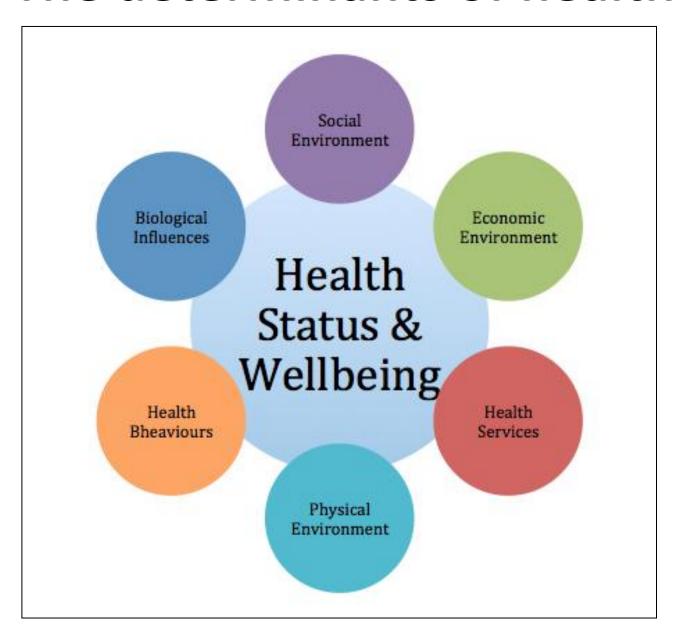
 Physical, mental and social wellbeing (WHO)

 Not merely the absence of disease



# HEALTH S WEALTH

#### The determinants of health



**ENVIRONMENTAL IMPACTS ON HEALTH** 

#### WHAT IS THE BIG PICTURE?

**FACT:** 

of all global deaths are linked to the environment.

That's roughly 12.6 million deaths a year.





3.5 million in Western Pacific Region

2.2 million

in Africa Region

1.4 million in European Region

854 000

in Eastern Mediterranean Region

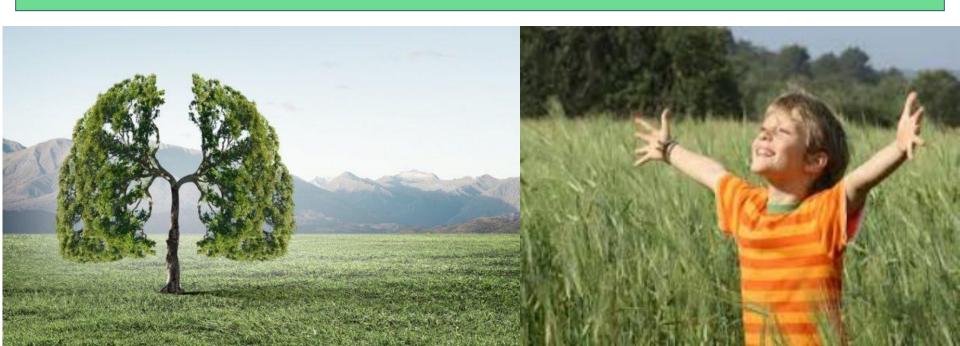
847 000

in the Region of the Americas



#### Air

- We cannot survive without air
- Air is very important to all humans
- Clean air in and around the home is essential to a healthy life (WHO, 2014)





#### Air pollutants

- Carbon monoxide (CO)
- Nitrogen dioxide (NO<sub>2</sub>)
- Lead (Pb)
- Sulfur dioxide (SO<sub>2</sub>)
- Ozone (O<sub>3</sub>)

Particulate matter (PM2.5,PM10)

#### Open burning of plastics



Dioxins

**Furans** 

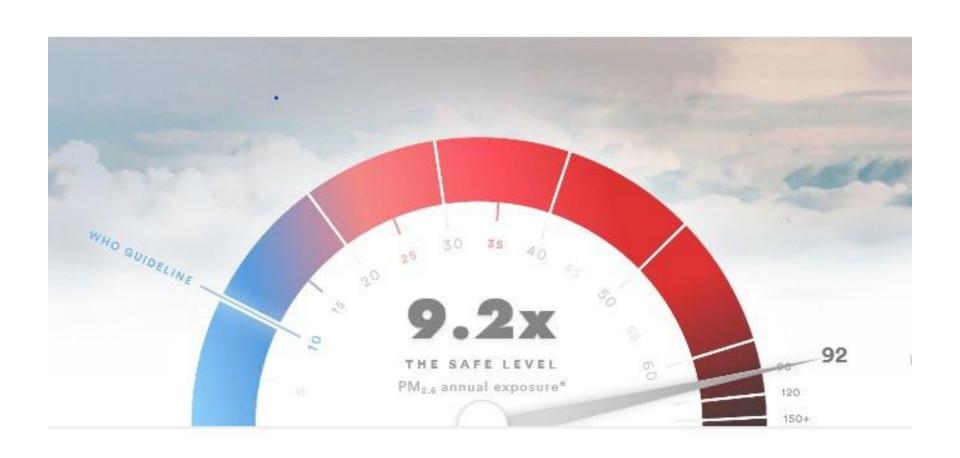
**PAH** 

Particulate matter





# Air Pollution - one of the world's largest single health risks



## Air pollution

Acute health effects

## **Chronic toxic effects**

#### Air pollution is affecting our health

Ambient air pollution (AAP)
4.2 million deaths/yr

Household air pollution (HAP)

3.8 million deaths/yr

Joint effects of HAP and AAP 7 million deaths/yr

In some areas, a significant fraction of ambient air pollution (AAP) is caused by household fuel combustion

## Remember!

# Most of these are premature deaths!

Air pollution is the second leading cause of non-communicable diseases (NCDs)

## INVISIBLE KILLER

Air pollution may not always be visible, but it can be deadly.



29%

OF DEATHS FROM LUNG CANCER



24%

OF DEATHS FROM STROKE



25%

OF DEATHS FROM HEART DISEASE



43%

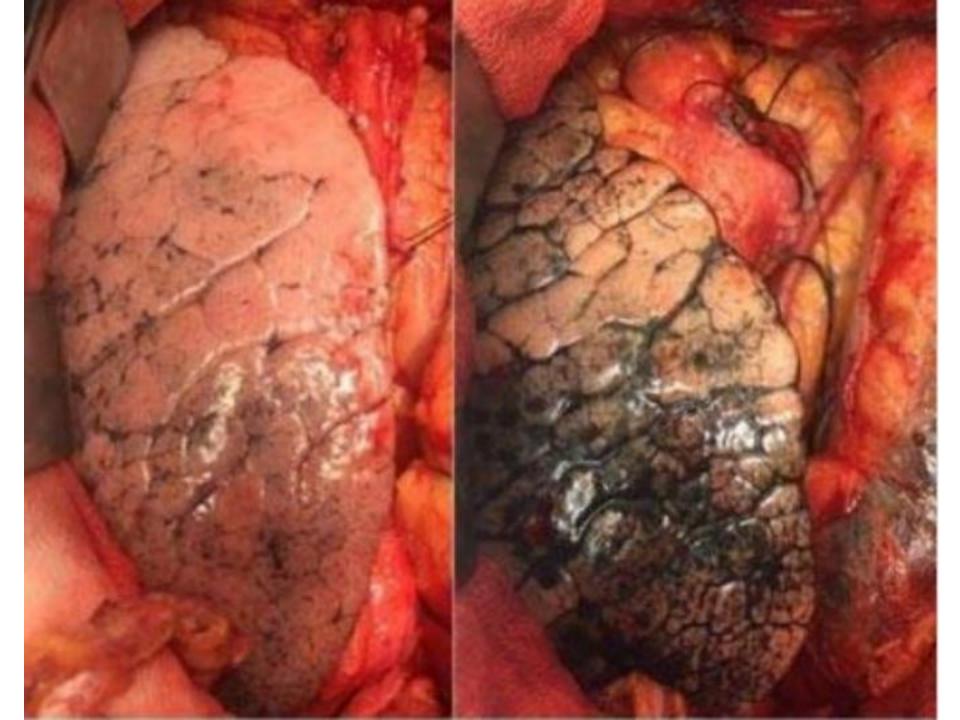
OF DEATHS FROM LUNG DISEASE

















#### WOMEN AND CHILDREN

accounted for over 60% of all premature deaths from HAP in 2012.



#### BLACK CARBON

The rapid transition of three billion people from using polluting to clean fuels and technologies could be one of the most effective black carbon mitigation opportunities of all

#### **HOUSEHOLD AIR POLLUTION**

#### 3.8 million

die prematurely every year from household air pollution from cooking (2016). Household air pollution is mostly created by using kerosene and solid fuels such as wood with polluting stoves, open fires and lamps.



18% from stroke

27% from ischaemic heart disease

20%

from chronic obstructive pulmonary disease (COPD)

8%

from lung cancer

**27%** are due to pneumonia



 Population (%)

 ■ <5</td>
 ■ 5-25
 ■ 26-50
 ■ 51-75
 ■ 76-95
 ■ >95

 ■ Data not available
 ■ Not applicable

### Costs

Health costs

Economic costs

Cost of suffering

#### Who are more at risk?

- Unborn
- Young children
- Pregnant mothers
- People who have respiratory and cardiovascular diseases
- Certain worker categories

#### FIRST WHO GLOBAL CONFERENCE ON AIR POLLUTION AND HEALTH

EXPROVING AIR CLINETY, COMBATTING CLINATE CHANGE - SAVING LIVES

## 93% of children under 18 years play and live with air pollution levels above WHO guidelines







#### Air pollution is stunting our children's brains

# IMPACT OF AIR POLLUTION ON CHILDREN'S HEALTH

A child who is exposed to unsafe levels of pollution can face a lifetime of health impacts. Exposure in the womb or in early childhood can lead to:



Stunted lung growth

Reduced lung function

Increased risk of developing asthma

Acute lower respiratory infections



Impaired mental and motor development

Behavioral disorders



Low birth weight Premature birth

Infant mortality



Childhood cancers



Increased risk of heart disease, diabetes and stroke in adulthood



#### Children are our future!

- Children are not little adults
  - Kg to kg, pound for pound, a child's exposure is greater than an adults (doseresponse)
  - Immature blood-brain barrier—allows more chemical passage
  - Detoxification systems may not be fully functional—timing of exposure.





 "Because children have more future years of life than most adults, they have more time to develop chronic diseases that may be triggered by early exposures."

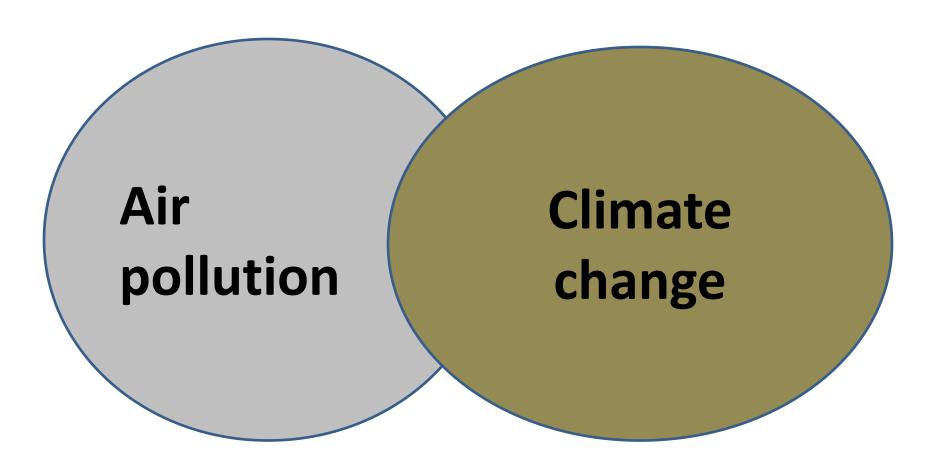


Landrigan et al. 2003.
 Assessing the effects of endocrine disruptors in the national children's study.
 Environ. Health Perspectives 111(13): 1678-1682.



# Air pollution A silent killer!

#### Two sides of the same coin!



#### FIRST WHO GLOBAL CONFERENCE ON AIR POLLUTION AND HEALTH

BAPROVING AIR CUALITY, COMBATTING CLIMATE CHANGE - SAVING LIVES

#### In ten years from now we cannot say that we did not know

### 90% of world's children are breathing toxic air, WHO study finds

Pakistan moves to curb urban air pollution after high court ruling

UK taken to Europe's highest court over

Report says air pollution is having a devastating impact air pollution children worldwide, storing up a public health time bon

Excopens court of justice can impose stuitinillion excods III Pollutions
UK and five other countries do not address the problem





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The CK and five other nations have been referred to Europe for failing to tackle illegal levels of air sollations.

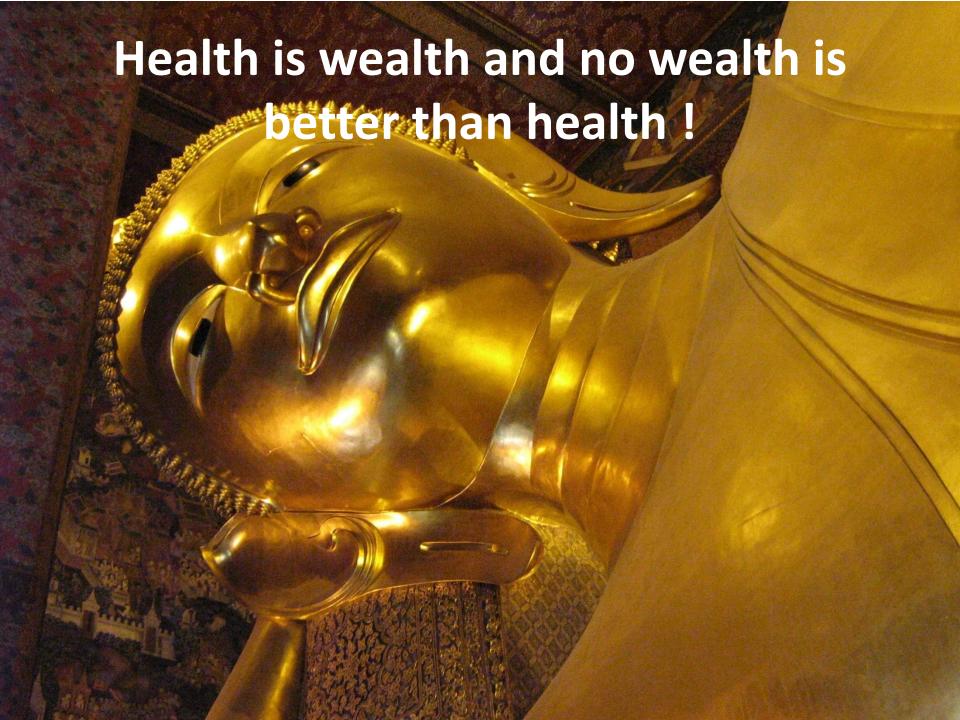
Children cover their face from air-politation in New Delhi, Italia. Photograph: Hischartes Tirses/Hisdoctes Tirses.
 Via Getty Images





#### Key messages

- Air pollution is a significant environmental risk factor affecting the health of people
- It is an invisible and a silent killer
- Children are disproportionately affected to the health impacts of air pollution
- Air pollution and climate change are two sides of the same coin
- Urgent action is needed to preserve air quality
- All individuals have a responsibility
- There is no time to waste!



### Say no to air pollution!

# Thank you







