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PART I : SECTION (I) — GENERAL

Government Notifications

L. D. B. 11/80 (35).

FOOD ACT, No. 26 OF 1980

REGULATIONS made by the Minister of Health, under Section 32 of the Food Act, No. 26 of 1980 in consultation with the Food Advisory Committee.

Keheliya Rambukwella, Minister of Health.

Colombo , 04th January, 2023.

Regulations

1. These regulations may be cited as the Food (Trans - Fat) Regulations, 2022 and shall come into operation on January 01, 2024.

2. A person shall not sell, offer for sale, expose or keep for sale or advertise for sale, any packaged food product containing trans-fat unless the total amount of trans-fat of such food product as per 100g or 100ml of the food product is declared on the label of such packaged food product.



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3. These regulations shall not apply in respect of food products manufactured exclusively for the purpose of export.

4. A person shall not engage in retail sale or wholesale of any food product intended to be used by a final consumer, which the content of trans-fat, other than tran-fat naturally occurring in fat of animal origin, exceeds two percent of the total fat contained in the food.

5. Any person engaged in the business of supplying as ingredients, food products, to manufacturers of other food products, intended to be used by final consumers, shall provide information to such manufacturer on the amount of trans-fat other than naturally occuring trans-fat of animal origin, where such amount exceeds two percent of the total fat contained in the food.

6. A person shall not manufacture, import, transport, distribute, store, sell, offer for sale, expose or keep for sale, advertise for sale any partially hydrogenated oils.

7. A person shall not use partially hydrogenated oils in the preparation of food or as an ingredient in food products:

Provided however, any food or food ingredient with naturally occurring trans-fat having lodine value greater than 4, shall not be considered to contain partially hydrogenated oils unless it is hydrogenated and not completely or near completely saturated.

8. In these regultaions -

"Final consumer" means a person who uses or consumes finished food products;

"naturally occurring trans-fat" means trans-fat naturally occuring in fat of animal origin;

"partially hydrogenated oils (PHO)" means fats and oils that have been hydrogenated and not completely or near completely saturated and have an Iodine Value (IV) of greater than 4;

"trans-fat" means a form of unsaturated fat and includes-

- (a) trans-fat naturally occuring in fat of animal origin;
- (b) trans-fat other than trans-fat referred to in paragraph (a).

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